



RECESS GUIDELINES

**Thank you for adhering to the guidelines listed below.
Safety and fun are our primary goals!**

Guidelines for OUTDOOR RECESS:

- Students will WALK to and from their recess location in an orderly fashion, holding sports balls.
- Other than sports balls, no items, including those from nature (i.e. sticks, wood chips, rocks, snow, etc) are to be thrown.
- Students are not allowed to jump off the swings while in motion, climb the swing poles, or run in front of the swings.
- Students may not climb over the tops or jump off of the play structure.
- Students may have no longer than 5 minutes at a time on the swings if others are waiting.
- Students must sit and not lie on their stomach/back when on the swings.
- Students are not allowed to climb up the slides, jump from the top, or throw anything up or down the slides.
- Only one person at a time is to go down the slide.
- Students need to be visible at all times to teachers.
- Students may not go near the dugouts, bleachers, or baseball fields.
- Students crossing from the playground to the field must stay behind the teacher, walking on the blacktop and holding onto sports balls, until they arrive at the field.
- No tree climbing, swinging, or breaking of branches.
- No rough play, horseplay, or games with violence of any kind. Tag may not be played in a harsh manner (i.e. no shoving or pushing, only a light touch). Tackle football is not permitted.
- Students will line up by class in their designated area at the end of recess. Students need to line up when the signal is given/whistle is blown. ***Ignoring the signal/whistle and continuing to play will result in a disciplinary action.***
- Children will be respectful of and obedient to the requests of recess staff. Disrespect/insubordination will result in disciplinary action. If disrespect becomes a pattern, the student will be sent to the principal.
- Any violation of the above requires a warning, if the offense is repeated, a consequence is given. A consequence may be a time out (sitting out for a portion of recess) or one that is physical; pulling weeds, walking laps, etc. Continual disregard for the guidelines will result in the child sitting out or being sent in for the remainder of the time, possibly missing recess the next day, or serving some other developmentally appropriate consequence to help the child understand the importance of following the rules.
- Students will use all recess equipment appropriately (for example, jump ropes are for jumping not swinging around like a lasso or pulling/tying up other children).
- Clean up and take care of recess equipment
- Students will stay within the designated recess borders. Failure to do so will result in disciplinary action.
- **HAVE FUN AND STAY SAFE!!!**

Additional Guidelines for INDOOR RECESS: (see above for those that apply)

****Indoor recess will be held in classrooms**

- Children will clean up whatever they have taken out

REMINDER – Certain behaviors that are acceptable at home are not appropriate for recess due to large groups in a confined area and safety concerns. Examples include wrestling, “play” fighting, snowball fights, and tackle football.