

2017-2018

PLYMOUTH CHRISTIAN ACADEMY

ATHLETIC HANDBOOK



ATHLETIC MISSION/PHILOSOPHY

The purpose of the PCA athletics program is to produce well-rounded young men and women who exhibit outstanding Christian character on and off the field. We hold to the core belief that the character of our athletes comes first and that Christ-like character isn't left on the bench but carries over into every endeavor of life.

Plymouth Christian athletes are encouraged to do their best, function as part of a team and develop their God-given abilities for His glory. Regardless of whether we win or lose, PCA teams strive to demonstrate respect and dignity. Several PCA athletes have gone on to play college sports and many have been awarded significant athletic college scholarships.

GENERAL INFORMATION

1. Scheduling Athletic Contests

Michigan High School Athletic Association rules and regulations shall govern the scheduling of all athletic events including maximum numbers of contests or days of competition for each sport. The athletic director shall be responsible for scheduling all events and for exchanging written contracts provided by the MHSAA with schools and officials. Coaches may submit recommendations for non-league contests. However, the scheduling contacts with opponents' schools and officials shall be made by the athletic director.

Every effort shall be made to establish starting times of all athletic contests to avoid early release of student athletes from classes with the exception of league, county, and state tournaments.

2. Contest Officials

The athletic director shall be responsible for hiring registered officials for all home athletic contests. All coaches are expected to exhibit appropriate behavior toward contest officials. Coaches are expected to maintain good sportsmanship and composure at all times, even in situations where the official may have made an error in judgment or in rule interpretation. Under no circumstances allow a player to criticize an official. Using degrading or abusive language and displaying un-sportsmanlike conduct toward officials is unacceptable, has no place in athletics and will not be tolerated.

3. Contest Management

The athletic director or their designee is responsible for promotion, distribution and sale of all athletic tickets and including pre-sale and for depositing and accounting of all gate receipts.

ATHLETIC BOOSTERS

The purpose of our Athletic Booster Club is to provide encouragement, assistance and financial support to the PCA athletic program. The Boosters are very important in the overall function of the athletic program. They help out with the management of state tournaments, Homecoming and “Biggie Friday’s”. They also help facilitate the sale of PCA Spirit Wear, the annual golf outing, and other athletic fundraisers.

ATHLETIC CO-CURRICULAR CONFLICTS

Many of our student athletes are heavily involved in many activities inside and outside PCA. It is the responsibility of the parents and athletes to try and avoid any possible conflicts that may arise if the student commits to a PCA athletic team. If a conflict does arise, the parent and/or student need to notify the coach immediately so that a solution can be found. If a student is committed to two things here at PCA, the activity that was committed to first will take precedent. High school students who participate on a PCA team are not permitted to play simultaneously for a club sport or similar activity during the course of the season.

FACILITIES PRIORITY

The athletic department will strive to ensure that all team needs are met. However, the athletic department will accommodate each team’s needs by an established hierarchy. As a privilege, our varsity teams will be given first priority to facilities for practices and games. Preference would then fall to junior varsity, middle school and then elementary grades. Use of non-PCA facilities may be used, but not without the consent of the Athletic Director.

WEDNESDAY PRACTICES

During the duration of the regular season, there will be no Wednesday sport practices. The purpose of this is to allow students to participate in clubs and/or groups that they may be a part of. Wednesday practices may begin the week before districts start and may continue during the duration of the playoff run.

ATHLETIC OPPORTUNITIES

Elementary Sports

Plymouth Christian Academy elementary sports emphasize fundamentals, sportsmanship, and fair play. Our teams play against schools from the surrounding areas, and our coaching staff serves as Christian role models and examples of excellence to our young players.

- Co-ed Volleyball – 4th and 5th grade
- Girls Basketball – 5th grade
- Boys Basketball – 5th grade
- Girls Basketball – 6th grade
- Girls Volleyball – 6th grade

- Boys Basketball – 6th grade
- No Cuts Exception: Unable to find Coaches or space in which to have the extra players.
- We may have to get creative with our management of the number of students, or we may have to offer an alternative environment for our Elementary athletes to develop in.
- Instruct players in the fundamentals of the game.
- Play as many players as much as possible
- Use the time on team to teach more than just athletics
Teamwork, Sportsmanship, Commitment, Discipline, Work Ethic, Sacrifice, Respect, Accountability, Responsibility, Christian Character, Unselfishness, Service, Competitiveness, Leadership
- Win when you can but never at the expense of a player or your testimony.

Intramurals:

The Plymouth Christian Sports Academy Program is a building block in youth skill development for boys and girls ages 10 and up playing intramural sports. Its focus is to maintain the increased time to reinforce their particular skill and adjust to the complete team at each age level. There is a very strong emphasis on the fundamentals. These strategies have allowed each athlete to increase his or her improvement ratio rapidly. The sports included in the Academy Program are intramural basketball, baseball, volleyball and soccer. This program is held on selected Saturdays throughout the school year.

The Eaglet Sports Program is a unique concept in youth skill development for boys and girls 6-9 years old playing intramural sports. Downsizing the bases, field and adjusting a few rules to each age level will increase the amount of time and allow each player to be able to reinforce a particular skill. We have a very strong emphasis on the fundamentals of basketball, baseball and soccer. This program is held on selected Saturdays throughout the school year.

Middle School Sports

Plymouth Christian Academy middle school sports emphasize the fundamentals, sportsmanship, and fair play. Our teams play against schools from the surrounding areas and our coaching staff serves as Christian role models and examples of excellence to our young players.

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| • Boys Baseball | • Girls Basketball – 7th Grade |
| • Boys Basketball – 7th Grade | |
| • Boys Basketball – 8th Grade | • Girls Basketball – 8th Grade |
| • Boys Soccer | • Girls Cheerleading |
| • Boys Track and Field | • Girls Volleyball – 7th Grade |
| • Boys Cross Country – 7th Grade | • Girls Volleyball – 8th Grade |
| • Boys Cross Country – 8th Grade | • Girls Softball |

- Girls Soccer
- Girls Track and Field
- Girls Cross Country – 7th Grade
- Girls Cross Country – 8th Grade

- Cuts are a possibility at this level if we have large numbers trying out for the team. We must be realistic about numbers and training and playing opportunity, as we may need to trim numbers if they are unmanageable.
- Try to play as many players as possible, but playing time is not just dictated by one's presence on the team. We are beginning the process of identifying those players that are gifted in the sport, but also still developing as many players as possible.

Playing time at the Middle School Level will be determined by ability, commitment, and work ethic in practice.

- Use the time on team to teach more than just athletics
Teamwork, Sportsmanship, Commitment, Discipline, Work Ethic, Sacrifice, Respect, Accountability, Responsibility, Christian Character, Unselfishness, Service, Competitiveness, Leadership
- Win when you can and be as competitive as possible but never at the expense of a player or your testimony.

High School Sports

Plymouth Christian Academy High School sports emphasize sportsmanship and competitive play. Our teams play against schools from the surrounding areas and our coaching staff serves as Christian role models and examples of excellence to our young players.

Girls:

- Varsity Basketball
- Varsity Cheerleading
- Varsity Cross Country
- Varsity Soccer
- Varsity Softball
- Varsity Track and Field
- Varsity Volleyball
- Junior Varsity Basketball
- Junior Varsity Cheerleading
- Junior Varsity Volleyball

Boys:

- Varsity Baseball
- Varsity Basketball
- Varsity Cross Country
- Varsity Golf
- Varsity Soccer
- Varsity Tennis
- Varsity Track and Field
- Junior Varsity Basketball

Junior Varsity

- Cuts are a reality at this level.
Coaches will still look to develop all of the student athletes on their teams to best prepare them for the next level of competition.
- Game time is earned based on Ability, Attitude, and Work Ethic.
- Use the time on team to teach more than just athletics
Teamwork, Sportsmanship, Commitment, Discipline, Work Ethic, Sacrifice, Respect, Accountability, Responsibility, Christian Character, Unselfishness, Service, Competitiveness, Leadership
- Our goal at this level is to learn how to win games and be competitive. We are now separating out those players with the ability to play at the Varsity level while always balancing our Christian character and testimony.

Varsity Sports

- Cuts happen at this level as it is our goal to be as competitive as possible and put our best team on the field / court.
- Game time is earned based on Ability, Attitude, and Work Ethic, and the best interests of the team as a whole.
- Use the time on team to teach more than just athletics
Teamwork, Sportsmanship, Commitment, Discipline, Work Ethic, Sacrifice, Respect, Accountability, Responsibility, Christian Character, Unselfishness, Service, Competitiveness, Leadership
- This is the highest level of competition in any sport at PCA. Our goal at this level is to win games and be as successful in the post-season as possible, while always balancing our Christian character and testimony.

MIAC Conference

We are a member of one of the most competitive small school conferences in the state, the Michigan Independent Athletic Conference, which consists of the following schools:

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| • Franklin Road Christian (Novi) | • Oakland Christian (Auburn Hills) |
| • Greenhills School (Ann Arbor) | • Parkway Christian (Sterling Heights) |
| • Huron Valley Lutheran (Westland) | • Plymouth Christian Academy (Canton) |
| • Inter-City Baptist (Allen Park) | • Roeper HS (Birmingham) |
| • Lutheran Northwest (Rochester Hills) | • Southfield Christian (Southfield) |
| • Lutheran Westland (Westland) | • University Liggett HS (Grosse Pointe Woods) |
| • Macomb Christian (Warren) | |

ATHLETIC PARTICIPATION

The PCA Athlete is encouraged to participate in multiple sports activities for the fall, winter, and spring seasons. This encourages the athlete to be well-rounded and cultivates stronger teams in **each** program. Multi-sport athletes become stronger, faster and quicker. These athletes will strive to work harder academically and continue to apply themselves throughout the year.

If a student chooses to play 2 sports in one season, they must declare one sport as their “primary”. When that happens a student will give preference to that primary sport over their secondary. For example, a student will compete in a game for their primary sport instead of a practice for their secondary. Likewise, a student will play in a game for their secondary sport, instead of a practice for their primary. Discrepancies will be settled by the AD.

WEATHER POLICY/CANCELLATIONS

In the event of a severe weather warning or tornado watch/warning prior to the departure of athletic teams, all contests will be postponed. Administrators of opposing schools involved will contact one another when they are aware of a severe weather warning or tornado watch/warning.

If a severe weather warning or tornado watch/warning should occur when athletic teams are already at the site of the event, the contest will be delayed for a time, not to exceed one hour. If the severe weather warning or tornado watch/warning continues longer, the contest will be postponed.

If the contest is underway, it will be delayed for a time not to exceed one hour. If the contest cannot be continued, it will be rescheduled on a mutually agreed date and the contest would begin at the place or point where play was suspended, unless both schools agree that the score or situation is such that a winner can be declared without continuing the contest. MHSAA rules will prevail.

EARLY DISMISSAL

Students who leave school early because of illness cannot participate in any sports related after school activity that same day. Students who must leave school early or miss a day of school for a valid reason may participate in after school activities. Valid reasons would include, but are not limited to, college visits, court hearings, funerals, doctor appointments, and emergencies as judged sufficient by the school principal. Students must present for at least 4 hours of the school day to eligible to athletic events, providing they have valid reason for missing 4 hours.

If an early dismissal is warranted for competition, that will be determined by the AD in consultation with the coaching staff. Early dismissals and departure times will be determined by the AD the week prior to

PHYSICAL LIABILITY FORMS

Middle and High school students must have a valid, physician signed, physical permission form, turned into school before participating in any sport, including practice. They must also have a signed liability, uniform and transportation form on file.

ATHLETE CODE OF CONDUCT

Plymouth Christian Academy requirement for participation of Student Athletes has been developed to provide a uniform set of rules and regulations to govern all athletic participants regardless which team they represent. The Athletic Code of Conduct combines rules and regulations of the Michigan High School Athletic Association (MHSAA) which have been adopted by Plymouth Christian Academy with specific school rules governing athletic participation. These requirements and expectations will be in effect during the entire school year, including the seasons of practice and competition. Student athletes are to comply with all aspects of the code if they desire to enjoy the privilege of continued eligibility for participation in athletics.

In addition, student athletes who incur school disciplinary action because of violations defined in the PCA Handbook are also subject to the disciplinary actions contained herein. Please note that when a student is academically ineligible to participate in contests and scrimmages, he/she still may practice with the team as long as he/she is not suspended from school. However, the participant may forfeit the opportunity to receive an athletic award if loss of participation in contests prevents him/her from meeting the requirements for earning a varsity letter.

Participating in interscholastic athletics at PCA is a privilege and, accordingly, an involve a level of personal responsibility. We adhere strongly to the policy that a student-athlete is a representative of his/her school. Further, at Plymouth Christian our athletes wear a uniform that bears the name of Christ, demanding that our words and actions are guided and informed by His Word. As such, athletes are responsible to hold themselves to high standards of behavior for the years they participate in school athletics.

This is based on the following general expectations: Students-athletes

- 1) shall reflect high levels of integrity and a commitment to striving toward Christ-likeness,
- 2) shall not reflect negatively on or discredit the school, and
- 3) shall not create a disruptive influence on educational environment of our school.

Rules which have been adopted by Plymouth Christian Academy also covered by MHSAA rules are indicated by an asterisk (*).

Students are subject to all MHSAA rules and obligations even though such rules may not be included specifically in this document. The complete MHSAA handbook can be viewed on line at MHSAA.com.

SECTION I: Rules for Eligibility and Participation

The following rules of eligibility must be observed in order to participate in the interscholastic athletic program:

A. Enrollment

The student must be enrolled in the school by the Monday of the fourth week of the semester in which he/she competes.

B. Age

High School: A student in grades nine through twelve who participates in any interscholastic athletic contest must be under nineteen (19) years of age. When a student's nineteenth birthday occurs on or after September 1 of a current school year, he/she is eligible for participation for the balance of the school year.

Middle School: A seventh or eighth grade student must be under fourteen (14) and fifteen (15) years of age respectively. A student who reaches that age after September 1 is eligible for participation for the balance of that school year.

D. Physical Exam

A student must have a physical examination completed by a Physician (M.D. or D.O.), Physician's Assistant, or Nurse Practitioner certifying that the student is fully able to compete in interscholastic athletes. The physical must take place after April 15 of the previous school year to be used for the current school year. The student must submit the completed physical form to the coach prior to participating in tryouts, practice sessions or contests. The completed form will be kept on file in the athletic director's office during subsequent sports seasons.

SECTION II: Maintaining Amateur Status

Students participating or planning to participate in interscholastic athletics MAY NOT: (1) accept any money or other valuable consideration for participating in athletics, sports or games; (2) receive any money or other valuable consideration for officiating an interscholastic athletic contest; or (3) sign a contract with a professional team.

This applies to the following sports: Baseball, Basketball, Cross Country, Football, Golf, Gymnastics, Soccer, Softball, Skiing, Tennis, Track, Volleyball, Wrestling, Ice Hockey, Competitive Cheer, Swimming and Diving.

Failure to Comply: Any student violating this rule is ineligible and may not apply for reinstatement until the equivalent of one full school year has elapsed from the date of last violation. After that date the student may request reinstatement.

SECTION III: Attendance at Athletic Practice Sessions and Contests

A. Attendance at practice sessions is essential to prepare athletes physically and mentally for athletic contests. All team members are required to be at all athletic practice sessions and contests at the times designated by the coach. Should situations occur when it is impossible for a participant to attend due to illness, injury, or other required school or family commitments; the student shall make prior arrangements with the coach for an excused absence.

1. Rules for Participation in Athletics

Unexcused absences from practices or games – an athlete may not miss more than 6 practices or games. If an athlete misses any combination of 6 events during a season, he/she may be ineligible to participate for the rest of the season.

ATHLETES: YOU AND YOUR PARENTS NEED TO INFORM YOUR COACH OR THE ATHLETIC DIRECTOR THAT YOU WILL BE MISSING PRACTICE. Please keep in mind any practices missed will affect your playing time.

2. Quitting a Sport/Team

One of the goals of the PCA Athletic Department is to help teach the value of commitment. The student athlete and parent(s) agree to commit to the team for the ENTIRE SEASON. Removing a child from a team or allowing him/her to quit punishes the coach and the entire team. Quitting any time after two weeks into the season will make the student ineligible for his/her next sport of choice.

SECTION IV: Game Conduct

Any time an athlete is ejected from a contest, the athlete is required to miss the next two playing dates, and prohibited from participating in all athletics. An athlete who is ejected or receives a technical foul for unsportsmanlike conduct will be required to attend a meeting with their coach and AD to explain his/her actions. The coaching staff will use this opportunity to instruct the athlete in the area of self-control and in personal and team testimony. In the case of repeated offenses, a strategy will be developed by the staff to assist the athlete in the development of self-control. This may result in suspension from a team or suspension for a limited number of games.

Technical Fouls and Red Cards which result from ejection from the game will result in the student athlete missing 2 games (MHSAA rule 1-game) and PCA rule 1-additional game). Student athletes may not practice or participate in contests during their suspension however he or she must still attend practices/contests and observe based on coach's discretion.

Any suspension in which the entire suspension cannot be fulfilled in that sport season shall be continued in the student athlete's next sport season.

SECTION V: Traveling to and from Contests

Any student on a team traveling to an away athletic contest on school owned or chartered transportation or other such approved vehicle shall return to the home school on the same

vehicle after the contest is over. The only exception is when prior arrangements are made and the coach grants permission for the student to leave the contest site with his/her parent, guardian or other adult family member. Students may not transport other students.

Failure to Comply: Any participant not returning from an away contest with a team without permission of the coach is ineligible to participate in the next scheduled contest. The participant may practice with the team. A second violation may result in dismissal from the team for the remainder of the sport season.

SECTION VI: Uniforms and Equipment

Athletic participants are responsible for the care, security and use of uniforms and equipment issued to them.

Failure to comply: Athletic participants will be responsible to pay the replacement cost for uniform or equipment items that are abused or not returned. Athletes will not be allowed to participate in athletics in succeeding seasons until this obligation is met.

SECTION VII: Use of profanity and possession of tobacco, alcohol and other drug substances

We follow all school policies with this subject. Failure to comply will result in team and school discipline if necessary. See school discipline policies.

SECTION VIII: Summer and Off-Season Programs

A variety of sport camps, schools, clinics and training programs are offered to athletes during the off-season and summer months by individual coaches, parks and recreation, and the district community education program. These programs provide opportunities for aspiring athletes to improve their skills in a chosen sport. These summer and off-season programs are voluntary. Athletes shall not be required to enroll in these programs as a condition for membership or placement on an athletic team the succeeding season.

SECTION IX: Supplemental Rules and Regulation

Supplemental team rules and regulations unique to a given sport shall be developed by individual coaches with the approval of the building principal. These rules will generally define expectations relating to participant attitude and cooperation and will include criteria for earning a varsity letter award. These rules must be clarified at the start of the season.

Failure to Comply: Failure to abide by the supplemental rules and regulations distributed by the coach will lead to disciplinary action as outlined therein.

With the provisions of these expectations for Student Athletes, and the supplemental team rules and regulations, the coach may suspend or exclude a student from athletic participation. A team member who is suspended from school as outlined in the PCA

Handbook may not participate in practices or contests because the suspension covers all school activities. However, a team member ruled academically ineligible to participate in contests and scrimmages may still be able to practice with the team. Any participant who is dismissed from the team for the remainder of a sports season will have forfeited the opportunity to earn an athletic award.

SECTION X: Athlete/Parent Expectations

***Please see Parent/Athlete Expectations Brochure for more information**

Athlete

- A. Maintain a solid academic standing and obey school rules.
- B. Be committed for the season.
- C. Attend all games and practices (no more than 6 absences).
- D. Display good sportsmanship.
- E. Remember that we represent Christ in all that we do.

Parent

- A. Commit their athletes to the entire season.
- B. Avoid using athletics as a discipline tool.
- C. Try to schedule appointments around games and practices.
- D. Plan family trips to avoid missing games and practices.

CONFLICT CONDUCT:

Matthew 18 Specific Athletic Pathway

- Parent/child speaks to each other first. Encourage him or her to speak to the coach if needed (with or without parent as appropriate). If you would like to speak to the coach about your child, the child must be present in the meeting. If the issue is parent driven (not child focused) the parent speaks with the coach directly.
- A concern that does not receive adequate resolution by a coach may be brought to the Athletic Director (K-12) for further review. The parent and coach will meet together with the AD for a resolution.
- Once an item has been reviewed by all parties including the Athletic Director, if need be, it may be brought to the principal for resolution.

MEDICAL

Accident Injury Report

Anyone, including an opponent, who sustains an injury during a school activity, must have an Accident/Injury Report completed. Coaches and/or the Athletic Trainer are responsible to complete the report and return it to the athletic department. This is due to the AD within 24 hours of the event.

Concussions

All coaches must receive the concussion release form from the supervising physician or athletic trainer to allow an athlete to return to play.

HIPPA Liability

All coaches and volunteers are expected to comply with both the Health Insurance Portability and Accountability Act (HIPAA) and the Federal Educational Records Privacy Act (FERPA) at all times. Under both regulations, extreme caution should be taken when passing and/or discussing a student athlete's private information, medical records, or health status. All athletes must submit the HIPPA form located in their pre-participation packet.

COACH'S REQUIREMENTS

Coaches are to be familiar with this handbook and its associated policies and procedures and may set further expectations for attitude, sportsmanship, behavior, etc. Coaches should take time during practice to pray. Coaches may have a brief devotional at practice and should use practice and games as a time to advocate Christian behavior. Coaches must value sportsmanship and teach it through their words and through example.

Required Coaching Behavior:

- Instruct their players in the fundamentals of sportsmanship.
- Teach the value of conforming to the spirit as well as the letter of the rules.
- Make sportsmanship behavior a matter of team discipline with appropriate consequences for team members who display unacceptable behavior.
- Remind the student body at every opportunity that visiting teams are guests and, as their hosts, they should be polite and courteous.
- Respect the officials' judgment and interpretation of the rules.
- Demonstrate publicly the ideals of good sportsmanship by such acts as shaking hands with officials and opposing coaches before and after contests.

Unacceptable Behaviors:

- Use of profanity
- Ejection from contest
- Berating officials or players
- Inciting spectators/players to inappropriate behavior
- Immodest dress/apparel; see Family/Student Handbook, p.22

Coaches may make mistakes that require redress. PCA reserves the right to work with coaches as needed to improve the program using the following actions:

Conference/hearing with school official

- Growth plan for improvement
- Possible suspension/termination

Expectations

- Must be a Born-Again believer in Jesus Christ and demonstrate a continual walk with him.

- Responsible that your sport program will run in accordance with the Michigan High School Athletic Association's rules and regulations, and in accordance with the Plymouth Christian Academy's Athletic Handbook.
- Responsible for the completion of the MHSAA state rules meeting for your sport.
- Responsible that all your athletes are notified and understand the Plymouth Christian Academy's athletic code-of-conduct.
- Responsible for the care of, and collection of equipment used for your sport, including uniforms.
- Recommend staff assignments to the Athletic Director.
- Responsible for any volunteer help that you may secure for the betterment of your sport program, and under the written approval and conditions established by the Athletic Director.
- Responsible to set up preseason meetings with all of your coaches
- Responsible for the conduct of all your athletes, coaches, and those people assisting you during a contest and/or on the bus. Understand the rules and regulations established by the transportation department. Ride the bus to and from away games or practices, or designate an assistant coach to travel with the team.
- Responsible for the complete organization and promotion of your program, which includes grades 7-12.
- Responsible and in charge of the practice facilities used in your program, including locker room supervision at home or away.
- Responsible to list in writing any special rules concerning your program and submit those rules to the Athletic Director for review and approval
- Responsible for locking up and securing any facility used for your program.
- The acceptance of a coaching duty automatically involves the acceptance of all reasonable responsibilities which now accompany this phase of school work, and are not limited to those outlined above.
- Will be strongly encouraged to work with and support the Athletic Booster Board in conjunction with your program. Will bring a written proposal to the Athletic Director concerning any request to be made to the Athletic Booster Board.

- Collection of all jerseys and equipment upon the completion of the season. Paycheck will not be issued until this has been completed.

ACADEMIC ELIGIBILITY

Students must have a cumulative class average of 75% and must not be failing any class to participate in athletics or extra-curricular activities.

- Grades will be checked every Monday by the Secondary Coordinator/Athletic Director. If a student is below the 75% cumulative average OR is failing a class, the Secondary Coordinator/Athletic Director will contact the respective coach/sponsor and inform them that the student will be ineligible for games/events starting Monday through Saturday. (Level 1 Ineligibility)
- It is the responsibility of the coach/sponsor to inform the student that they will be ineligible.
- To become eligible again, the student must obtain a “grade check form” from the Secondary Coordinator/Athletic Director and have each teacher fill it out on Friday of their ineligible week. This must be turned back in by the end of the day.
- The student’s grades will be checked based off of this form. If the student’s grades meet the minimum requirements, they will be reinstated for Monday. If they do not meet the requirements, they will be ineligible for the next week. (Level 2 Ineligibility)
- The student shall repeat the process the next week. If they still do not meet the minimum requirements, then they will be dismissed from the team/club. (Level 3 Ineligibility)
 - Level 1 Ineligibility: No participation in games/performances for the week (Monday-Saturday)
 - Level 2 Ineligibility: No participation in games/performance and practice for the week (Monday-Saturday)
 - Level 3 Ineligibility: Dismissal from the team/club

****Please Note:** Ineligibility Levels DO NOT have to be consecutive weeks, they are for the duration of that season. For example, if a student is ineligible for one week, gets their grades back up for the next week, but is then ineligible again the following week, they will have obtained a Level 2 Ineligibility.

TRANSPORTATION OF ATHLETES

Every effort will be made to secure buses for the transportation of athletes. However, there are times when busses and drivers are not available. In that event, parents may coordinate driving efforts in transporting teams to their destination. Any transportation outside of PCA busses or families must be approved by the athletic department.

